

WHO WE ARE...

Sari Shatil PT M.Sc. physiotherapist and educator founded Neuphysio.

Our Mission is to provide high quality neuroplasticity based physiotherapy through incorporation of leisure in goal setting.

Physiotherapists at Neuphysio Have:

- Extensive Experience
- Post Graduate Certification
- Mentored Physiotherapy Students

We see potential in each person and facilitate this to encourage maximal movement and function resulting in enhanced life quality.



FEE SCHEDULE

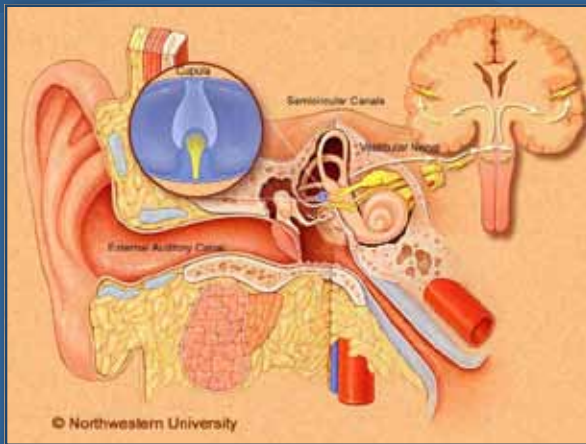
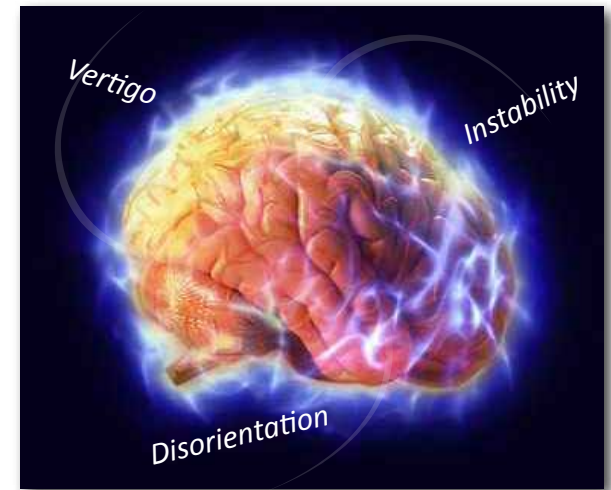
Extended Health Care Benefits or Auto Insurance Benefits for physiotherapy may cover part or all of the costs. Call for details.

CLINICAL HOURS OF OPERATION

M 9:00 to 6:00 T 9:00 to 5:00 W 9:00 to 5:00
Th 9:00 to 6:00 F 9:30 to 3:30

OTHER SERVICES WE PROVIDE

- Neurophysiotherapy
- Therapeutic Golf Rehabilitation
- Gait and Balance Training
- Advanced Bobath Approach
- Visual Rehabilitation



Sari Shatil PT M.Sc.
Physiotherapist / Proprietor

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Vestibular Rehabilitation Therapy

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Vestibular Rehabilitation Therapy

WHAT ARE THE GOALS OF THE THERAPY?

- Reduce frequency, intensity and duration of dizzy symptoms
- Improve pain free and dizzy free range of movement of neck
- Improve balance and oculomotor function
- Develop compensatory strategies for coping with symptoms

WHAT HAPPENS DURING VESTIBULAR REHABILITATION?

- Non-invasive neuroplastic approach
- Qualified physiotherapist completes a comprehensive evaluation
- Measurement of posture, balance, mobility, coordination, flexibility, sensation, strength, gaze control and postural control strategies
- Personalized regimen of manual therapy and exercises prescribed to meet unique needs of each patient
- Monitoring and progression of program on an intermittent basis by physiotherapist



WHO WILL BENEFIT?

Persons With:

- Vertigo
- Dizziness
- Lightheadedness
- History of Falls / Poor Balance
- Motion Sensitivity
- Stiff Neck
- Weakness
- Double Vision
- Vestibular and Balance Disorders

“Vestibular Rehabilitation is a scientifically based and clinically valid therapeutic modality for the treatment of persistent dizziness and postural instability due to incomplete compensation after peripheral vestibular or central nervous system injury. Balance Retraining Therapy is also of significant benefit for fall prevention after recovering from a multiple sensory and motor impairments.”

- The American Academy of Otolaryngology-Head and Neck Surgery, Inc 2007

“Physiotherapy is the primary health care profession that promotes wellness, mobility and independent function.

Physiotherapists have an understanding of how the body moves, what keeps it from moving well and how to restore mobility.”

- Canadian Physiotherapy Association 2007



**WE USE EVIDENCE BASED THERAPY TO TREAT AND OVERCOME YOUR SYMPTOMS,
ENHANCING NORMAL FUNCTION IN EVERYDAY LIFE.**

Center of Excellence